

Agreement of Release and Waiver of Liability

PLEASE PRINT

Name: _____

Email: _____

Phone: _____

Please list any physical limitations or injuries, including surgeries and replacements :

*I, _____, hereby agree to the following:

1. That I/my child are participating in the Yoga classes/workshops offered at THE YOGA COLLABORATIVE WITH INDIVIDUAL INSTRUCTORS during which I/my child will receive information and instruction about yoga and health. These classes could be held anywhere and are not limited to the studio; this includes but is not limited to outside, beach and on the water classes. I recognize that yoga requires physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my/my child' s participation in the Yoga Classes/Workshops. I represent and warrant that I am physically fit and I have no medical condition that would prevent my full participation in the Yoga Classes/Workshops.
3. In consideration of being permitted to participate in Yoga Classes/Workshops, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in Yoga Classes/Workshops, I knowingly, voluntarily and expressly waive any claim I may have against THE YOGA COLLABORATIVE AND EACH INSTRUCTOR for injury or damages that I may sustain as a result of participating in the program.
5. I, my heirs or legal representatives forever release waive, discharge and covenant not to sue THE YOGA COLLABORATIVE OR ANY INSTRUCTOR AT THE YOGA COLLABORATIVE for any injury or death caused by their negligence or other acts.
6. I understand that my child or I may be photographed while having fun in yoga class. The photographs will be the property of "On the Mat with Melissa LLC" and no compensation will be given to my child or me if these photographs are used by On the Mat with Melissa LLC. I understand the photographs taken will be used for promotional or training purposes only. I also understand I may have a digital copy of any photos taken of my child or me to be sent via email upon request.
7. ALL INSTRUCTORS AT THE YOGA COLLABORATIVE CARRY THEIR OWN LIABILITY INSURANCE. THIS CONTRACT DOES NOT MAKE THE YOGA COLLABORATIVE RESPONSIBLE, THE INSTRUCTOR WITH WHOM YOU PRACTICE IS THE RESPONSIBLE PARTY FOR ANY CLAIMS.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions.

*Signature of Participant and Date:

If under 16:

As legal guardian of _____, I consent to the above terms and conditions AND CONSENT TO MY CHILD BEING IN A HEATED YOGA CLASS. NO HIGHER THAN 80 DEGREES

Signature of Parent/Guardian of Participant and Date:
